Further information
Local Support and Well being Services

Grove House: Cancer Information 01727 731 000
The Macmillan Information Centre at Watford 01923 436 326
The Spring Centre, St. Francis Hospice 01442 869 550
The Lynda Jackson Centre, Mount Vernon: 0203 8262 555
The Starlight Day Centre, Peace Hospice: 01923 330 330

Beating Bowel Cancer Tel: 08450 719 300
www.beatingbowelcancer.org

Macmillan Cancer Support Tel: 0808 808 0000
macmillan.org.uk

Colostomy Association Tel: 0800 328 4257
www.colostomyassociation.org.uk

If you need this leaflet in another language, large print, Braille or audio version, please call 01923 217 187 or email pals@whht.nhs.uk

The Colorectal Nurse Specialists

Linda Crawt
Bas Bactawar
Andrea Bunyard
Siobhan Lynch
01923 217 983

Colorectal Cancer Team
Watford General Hospital
Hemel Hempstead Hospital
St Albans City Hospital
Our team consists of four Colorectal Nurse Specialists covering all patients living within the West Hertfordshire area. Between us we attend the three hospital sites, Watford, Hemel Hempstead and St. Albans and have links with Mount Vernon Hospital.

We have a background in surgical nursing with further training in colorectal/ oncology nursing. We work alongside the doctors and nurses on the wards and the out patient department. Our role is to offer you support, care and information through any hospital treatments you may require.

Please keep this leaflet. It will give you an idea of the different ways in which we may be able to help you.

If you need information or support

People experience a wide range of emotions when the possibility of cancer is mentioned by the doctor—even more so if the diagnosis is confirmed. It can be a frightening and unsettling time.

Whatever you are feeling at present, it may be helpful to talk to someone who has the time to listen and answer any questions you may have. Please feel welcome to contact us.

You will be able to ask us about your diagnosis, treatment and any concerns that you may have. We can let you know about the choices you have and also the different kinds of help available to you along the way.

If you need a link

As there are a number of different people involved in your care and treatment, we will be able to help you by acting as a link person between them and act as your Key Worker.

If you are unsure about their different roles please ask. If you are at home, we will happily speak to a member of the team on your behalf.

We may also be able to give you information about the different services in the community.

In summary

Our support is available to you, your partner and your carers. We aim to help you, whatever your thoughts, feelings or concerns. This can be a difficult time for you and your family, so please feel free to call us on 01923 217 983.

Between us, we cover Monday to Friday 09.00am to 05.00pm, however we have an answer phone service if we are not available. Please leave a message and we will phone you back as soon as we can.

Working hours 9.00am to 5.00pm and mobile numbers:

Andrea Monday-Friday Mobile :07827 313 238
Bas Wednesday and Thursdays Mobile : 07795 051 556
Linda Monday, Tuesday and Friday. Mobile : 07471 952 950
Siobhan Monday-Friday Mobile: 07500 601 878