Further information
Information on who to contact, ie web sites / telephone numbers of other departments / organisations which may be of help.

How to contact us
Gynaecology
Watford General Hospital
West Hertfordshire Hospitals NHS Trust
Vicarage Road
Watford
Hertfordshire
WD18 0HB

If you need this leaflet in another language, large print, Braille or audio version, please call 01923 217 187 or email pals@whht.nhs.uk

A guide to...
The Gynaecology Multidisciplinary Team (MDT)

Patient information

Gynaecology
Watford General Hospital
St Albans City Hospital
How will this leaflet help me?
This leaflet will tell you about The Gynaecology Multidisciplinary Team (MDT) and give you names and contact details of some of the team members.

It is designed to help you understand the Multidisciplinary Team (MDT) and how it functions within West Hertfordshire Hospitals Trust. Your care is planned and delivered by this team. In some instances there will be no treatment but you will be actively monitored.

It is not intended to be a substitute for discussion with doctors and nursing staff, but we hope that by reading this leaflet you will find it easier to ask questions and discuss your investigations and treatment with the Gynaecology Team.

Your investigations and treatment might vary depending on your particular circumstances so please read this leaflet as a guide.

Your future appointments will be at Watford General Hospital.

What investigations and tests may be needed?
You may already have had some investigations, but you may need more to give the team as much information as possible to ensure you have the most appropriate treatment.

Common tests include:

- Blood test (ca125) and other blood tests
- Ultrasound scan (pelvic and/or transvaginal)
- Hysteroscopy (camera inside the womb and a tissue sample)
- Magnetic Resonance Imaging (MRI) scan
- Computed Tomography (CT) and Bone scans
- EUA (examination under anaesthetic)
- Biopsy (tissue samples)
The Gynaecology Cancer Multidisciplinary Team (MDT)
This is a specialist team of health professionals which includes:

- A Medical Oncologist – a consultant doctor who specialises in chemotherapy treatment.
- Macmillan Clinical Nurse Specialist – a specialist nurse who provides advice, information and support.
- A Radiologist – a consultant doctor who specializes in examining scans and X-rays.
- An Histopathologist – a consultant doctor who specialises in examining tissue samples in a laboratory.

The Gynaecology Cancer Multidisciplinary Team (MDT) meets every week on a Wednesday from 2.00pm. During this meeting, the Gynaecology team will discuss your case and your test results and decide on the most appropriate treatment options for you. Following the meeting, when you attend your next clinic appointment with your team of consultants the options will be discussed with you and help you make an informed choice.

The next step
Once you have a gynaecology cancer diagnosis the treatment may include some or all of the following:

- Surgery—laparoscopic hysterectomy/abdominal hysterectomy
- Chemotherapy – usually administered at Mount Vernon Hospital
- Radiotherapy – this treatment is done at Mount Vernon Hospital
- Hormone Treatment (this will be discussed with your Consultant).
What information and support is available?
The Clinical Nurse Specialist (CNS) is your key worker during your investigations and treatment at the hospital.

The key worker is the person who you can contact directly to talk about your care and treatment. There is a team of Clinical Nurse Specialists who provide the key worker role. They are specially trained in Gynaecology cancers and offer a holistic assessment with advice, emotional support and information to patients and their families.

Your key worker will make sure that you have written information about the type of cancer you have and treatment you may need. Some of this information will be booklets produced by national cancer organisations which have been approved by cancer charities and patients’ organisations. Your key worker can advise you about benefits that may be available for you and about free prescriptions for cancer patients.

The Clinical Nurse Specialist (CNS) in your team are:
Avril Godley
Tel: 01923 436 371 or mobile 07747 865 639 (Monday to Friday)

Gynaecology Consultants
Mr Padwick
Gynaecology Consultant
Secretary: Daisy Peets
Tel: 01923 217 363

Miss Radhika Vikram
Gynaecology Consultant
Secretary: Sue Bowie
Tel: 01923 217 923

Mr Mittal
Gynaecology Consultant
Secretary: Sally Shaw
Tel: 01923 217 742

In addition there are Macmillan Cancer Information and Support Centres where you can visit and receive information. These centres are located at:

Macmillan Information and Support Centre, Watford General Hospital, Level 2 of the Main Building, opposite the main reception. Tel: 01923 436 326

Cancer i Grove House Patient Information Centre, Grove House, St Albans City Hospital. Tel: 01727 843 401

Lynda Jackson Centre, Mount Vernon Cancer Centre, Northwood. Tel: 01923 844 014

The Macmillan Helpline: 0808 808 0000
www.macmillan.org.uk

Patient Advice and Liaison Service (PALS)
The Trust’s Patient Advice and Liaison Service (PALS) are available to patients and families who would like to raise any concerns or issues with the way that they have been treated. This service can be contacted on 01923 217 198 or pals@whht.nhs.uk.

Useful contact numbers

Watford General Hospital Switchboard
Tel 01923 244 366

If this leaflet is required in any other language, please contact the Patient Advisory and Liaison Service on 01923 217 198.