



# Ureteric stent for future replacement

	Patient details or
Important patient information, please read.	label
Date of insertion:	
Your stent should be replaced in approximately:	

Your ureter is your natural tube that connects the kidney to the bladder. This stent is a flexible plastic tube that is placed into your ureter and begins in your kidney and ends in your bladder, but is usually less than 3mm in width. We have placed this to ensure that your kidney is draining appropriately. They are **NOT permanent and must be removed or exchanged after a specified time**. If they are not exchanged this can lead to problems with you kidney function and the need for more complex surgery. They are usually exchanged every six months under a general or spinal anaesthetic using a telescope inserted into your bladder through your urethra.

#### What should you expect?

While you have the stent in your body you may have the following symptoms:

- Back pain towards the side, especially when you pass urine with pain in the bladder area
- Blood in the urine, increased frequency of urination and urgency of urination

### When should you see a doctor urgently?

- You should attend A&E if you have the following:
- Fever
- Inability to pass urine



#### What if I have not been sent an appointment for replacement?

You will be contacted by the admissions department with an appointment usually a month before your stent is due to be replaced. If you have not received an appointment by this time please contact the admissions on 01727 897653/ 897156

#### Can I rearrange my appointment for stent replacement?

It can be difficult to rearrange your date for your stent replacement. If you are unable to attend, please contact the admissions department on 01727 897653/ 897156.

Below are the contact details of your consultant urologists' secretaries:

Mr T Shaikh:	01727 897 147
Mr F Banks/Miss Y Shanmugabavan:	01923 217 521
Mr J Roux:	01727 897 116
Mr A Christofides:	01923 217 052
Mr A Desai/Mr V Arumuham:	01923 217 064

## PALS

If you need this leaflet in another language, large print, Braille or audio version, please call 01923 217198 or email westherts.pals@nhs.net.





Language







**Braille** 



Audio

### **Survey - Friends and Family Test**

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Department	Urology Department
Ratified / review date	July 2025 / July 2028
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