



A guide to...

Maviret

Patient information

How to contact us

Hepatology Gastroenterology Department/ Endoscopy Unit Watford General Hospital West Hertfordshire Hospitals NHS Trust Vicarage Road, Watford, Hertfordshire, WD18 0HB

If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217 187** or email **westherts.pals@nhs.net**



| Department | Hepatology Department | |
|------------------------|-----------------------------|---|
| Ratified / Review Date | January 2022 / January 2025 | Ì |
| ID Number | 30/1185/V2 | |

Maviret

This leaflet highlights the most important things you need to know about your new medicine. It is not intended to replace the patient information leaflet that comes with the medicine, but is designed to be read as well. If you have any questions about Maviret, ask your doctor, nurse or pharmacist.

What is Maviret®?

Maviret contains two different agents for the treatment of Hepatitis C, glecaprevir (NS3/4A protease inhibitor) and pibrentasvir (NS5A inhibitor).

How should I take Maviret®?

Maviret is a combination tablet:

Glecaprevir/Pibrentasvir:-100mg/40mg. Take three tablets once a day with food. Swallow whole and do not crush or chew

How much food do I need to take with Maviret®?

There are no specific types or amounts of food that need to be taken with Maviret®. You can take it with a substantial snack and/or up to 30 minutes after a main meal.

What are the common side effects with Maviret®?

Maviret, like all other medicines, has some side effects. Most of these are minor and will settle within a few days or weeks.

- 'Stomach' side effects: feeling sick (nausea), diarrhoea
- If vomiting occurs within three hours of dosing, take another dose of Maviret. If vomiting occurs more than three hours after dosing, an additional dose of Maviret is not needed
- Headache
- Changes in blood tests: Changes in some of your liver tests
- Other side effects: tiredness

If you experience any troubling side effects or new symptoms after you start Maviret, tell your doctor, nurse or pharmacist who will tell you what to do.

If you have a question about Maviret or any of your medicines, speak to your doctor, pharmacist or hepatology nurse.

What medicines should I avoid with Maviret?

It is always important to make your doctor and pharmacist aware of any medicines you take to ensure that they are compatible with Maviret.

Some common drugs which need to be chosen carefully are:

| Medicine | Why do your doctor and pharmacist need to know about this? |
|---|--|
| Cholesterol medicines called statins | Statins are affected by Maviret® which may lead to side effects. Your clinic doctor will help choose the right statin for you. |
| St John's wort for depression | This can reduce the levels of Maviret® within your body, meaning it may be less effective at curing the virus. They should not be taken together. |
| Medicines for stomach acid, stomach ulcers, heartburn or acid reflux disease | Medicines such as omeprazole and lansoprazole (known as proton pump inhibitors) may reduce levels of Maviret®. Your doctor or nurse will help choose the right medicine for you. |
| Contraceptives (birth control) | Maviret® can make contraceptives less effective. Your doctor will help choose the right method of contraception for you. |

What if I...

Get a headache or just need a pain killer?

Paracetamol can be taken with Maviret®. Ibuprofen can also be taken unless your doctor has advised you to avoid NSAIDs (non-steroidal anti-inflammatory drugs) for any reason.

Get hayfever or have other allergies?

Most antihistamines can be taken with Maviret® e.g. chlorpheniramine, loratidine, cetirizine. If your allergy is related to Maviret (such as a rash) or any other medicines, speak to your clinic doctor/nurse or pharmacist before taking any medicines. You should speak to your doctor or pharmacist before using any nasal sprays or getting any injections, to check for possible interactions with Maviret and any other medicines you are taking.

Get diarrhoea?

For short-term diarrhoea relief, you can use 2mg loperamide. Remember to drink plenty of fluids. If you get a lot of diarrhoea and it lasts more than a few days, contact your GP or nurse to ask for advice.

Get heartburn, reflux, indigestion or need medicines for stomach ulcers?

Antacids may be taken with Maviret[®]. Medicines such as omeprazole, lansoprazole may reduce the concentrations of Maviret. If you need to take one of these medications, please speak to your specialist doctor/nurse or pharmacist **before** you start taking it.

Am prescribed or take something for my mood, such as an antidepressant or St John's wort?

Check with your clinic doctor/nurse or pharmacist before taking these. St John's wort can reduce the levels of Maviret® within your body, meaning they may be less effective at suppressing the virus.

Currently take, or would like to take, supplements, including calcium or iron?

Most supplements can be taken with Maviret®, but always check with your clinic doctor/nurse or pharmacist before taking them.

Miss my Maviret®!

Maviret® works best if there is a constant amount of the drugs in your body. It is really important that you take them regularly. However, occasionally you may forget a dose. Don't worry if this happens, just follow the guidance below. If you are having problems remembering to take your medicines, speak with your doctor/nurse now and they may be able to help you.

If you notice **within 18 hours** of the time you usually take Glecaprevir/Pibrentasvir (Maviret®) you must take the tablets as soon as possible. Always take the tablets with food. Then take the next dose as usual.

If you notice **18 hours or more after** the time you usually take Glecaprevir/Pibrentasvir (Maviret®), then do not take the missed dose. Wait and take the next dose with food at your usual time. Never take a double dose to make up for the missing one.