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Colorectal Cancer MDT



Patient information

Colorectal Cancer Multidisciplinary Team

1/3 fold |

1/2 fold |

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Excellent patient care, together

Colorectal Multidisciplinary Team (MDT)

This leaflet will tell you about The Colorectal Multidisciplinary Team (MDT) and give you names and contact details of some of the team members.

It is designed to help you understand the Multidisciplinary Team (MDT) and how it functions within West Hertfordshire Teaching Hospitals NHS Trust. Your care is planned and delivered by this team. In some instances, there will be no treatment, but you will be actively monitored.

It is not intended to be a substitute for discussion with doctors and nursing staff, but we hope that by reading this leaflet you will find it easier to ask questions and discuss your investigations and treatment with the colorectal team.

Your investigations and treatment will vary depending on your circumstances so please read this leaflet as a guide.

Your future appointments could be at Watford General, St Albans City or Hemel Hempstead Hospitals or at Mount Vernon Cancer Centre.

What investigations and tests may be needed?

You may already have had some investigations, but you may need more to give the team as much information as possible to ensure you have the most appropriate treatment.

Common tests include:

- Magnetic Resonance Imaging (MRI) scan
- Computed Tomography (CT)
- Ultrasound scan
- Colonoscopy or flexible sigmoidoscopy (camera inside bowel)
- Biopsies (tissue samples)
- Blood tests

The Colorectal Cancer Multidisciplinary Team (MDT)

The MDT is a specialist team of health professionals which includes:

- A consultant surgeon – who specialises in colorectal surgery
- An oncologist – a consultant doctor who specialises in treating cancer
- Macmillan Clinical Nurse Specialist (CNS)– a specialist nurse who provides advice, information, and support
- A radiologist – a consultant doctor who specialises in examining scans and X-rays
- An histopathologist – a consultant doctor who specialises in examining tissue samples in a laboratory.

The Colorectal Cancer MDT meets every week and during the meeting will discuss your case and your test results and decide on the most appropriate treatment options for you.

Following the meeting, you will attend a clinic appointment with your consultant the treatment options will be discussed with you and the team will help you make an informed choice.

Your appointment may be at Watford General, Hemel Hempstead or St Albans City Hospitals.

The next step

Once you have a diagnosis of colorectal cancer, the treatment may include some or all of the following:

- Surgery at Watford General Hospital
- Chemotherapy at Mount Vernon Cancer Centre
- Radiotherapy at Mount Vernon Cancer Centre monitoring and surveillance of your cancer

Information and support

One of the clinical nurse specialists will act as your key worker during your investigations and treatment at the hospital.

The key worker is the person you can contact directly to talk about your care and treatment. They are specially trained in colorectal cancers and offer a holistic assessment with advice, emotional support and information for patients and their families.

Your key worker will make sure that you have written information about the type of cancer, you have and treatment you may need. Some of this information will be booklets produced by national cancer organisations which have been approved by cancer charities and patient organisations. Your key worker can advise you about benefits that may be available for you and about free prescriptions for cancer patients.

The CNS team is available from Monday to Friday, 9am to 5pm. Telephone: **01923 217 983**

The Clinical Nurse Specialists in your team are:

Linda Crawl

07471 952 950

Mondays, Tuesdays and
alternate Wednesday and Fridays

Dee Mccarthy

07741 078005

Mondays, Tuesdays and
alternate Wednesday and Fridays

Larissa Holloway

07770 189702

Monday to Friday

Sheenu Thomas

07500 601878

Monday to Friday (alternate Thursdays)

Colorectal consultant surgeons

Mr Arbuckle

Secretary: Karen Deacon

01923 217692

Mr Cheetham

Secretary: Lesley Bartholomew-Smith

01923 436122

Mr Daulatzai

Secretary: Tess Boxford

01923 217875

Mr Franklyn

Secretary: Tess Boxford

01923 217875

Mr Hollingshead

Secretary: Kelly Harding

01923 217401

Mr Patel

Secretary: Kelly Harding

01923 217401

Other key members of the MDT are:

Dr Bhuva – Consultant Oncologist
Secretary – Lois Sims
Mondays and Fridays: 8:30am – 4.30pm
01923 436122

Dr Michalarea – Consultant Oncologist
Secretary – Lois Sims
Mondays and Fridays: 8:30am – 4.30pm
01923 436122

Dr Macfarlane – Consultant Gastroenterologist

Dr Patel – Consultant Radiologist

Dr Agarwal – Histopathologist

Harry Watts – Colorectal MDT coordinator

Further information

There are Macmillan Cancer Information and Support Centres where you can visit and receive information. These centres are located at:

Macmillan Information and Support Centre
Watford General Hospital, main building reception area
Telephone: **01923 436 326**

Grove House drop-in information and support
St Albans City Hospital
Telephone: **01727 731 013**

Lynda Jackson Centre, Mount Vernon Cancer Centre
Northwood. Telephone: **020 3826 2555**

The Macmillan Helpline: **0808 808 0000**
www.macmillan.org.uk

Patient Advice and Liaison Service (PALS)

The Trust's Patient Advice and Liaison Service (PALS) are available to patients and families who would like to raise any concerns or issues with the way that they have been treated. This service can be contacted on **01923 217 198** or westherts.pals@nhs.net

Useful numbers

[Watford General Hospital](#)
Vicarage Road
Watford
Hertfordshire WD18 0HB
Hospital switchboard: 01923 244366

[Hemel Hempstead Hospital](#)
Hillfield Road
Hemel Hempstead
Hertfordshire HP2 4AD
Hospital switchboard: 01442 213141

[St Albans City Hospital](#)
Waverley Road
St Albans
Hertfordshire AL3 5PN
Hospital switchboard: 01727 866122

PALS

If you need this leaflet in another **language, large print, Braille or audio version**, please call **01923 217198** or email westherts.pals@nhs.net.



Language



Large Print



Braille



Audio

Concerns, complaints or suggestions

If you are unhappy with your experience or would like to give feedback, please contact our Patient Advice and Liaison Service (PALS). PALS is available to patients, relatives, carers and friends to raise concerns.

For more information, please scan the QR code or visit our [website](#).

We welcome feedback about your care, this feedback is shared with all staff we can improve patients' experience. Click this [link](#) or use the QR code with your smartphone.



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