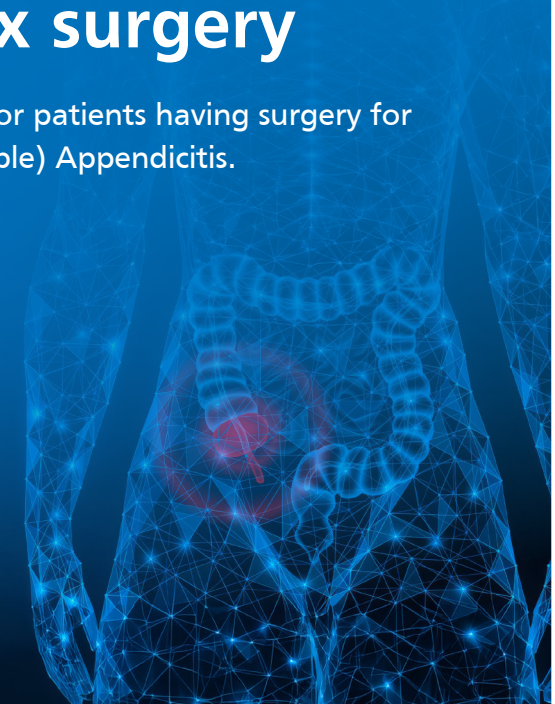




Most patients recover safely at home after **Appendix surgery**

This information is for patients having surgery for Uncomplicated (simple) Appendicitis.

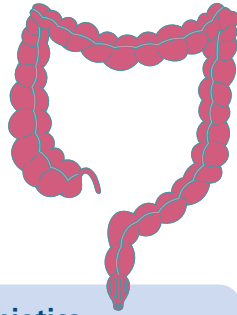


Our goal is safe surgery, a smooth recovery and an early return to the comfort of your home.

What is simple (uncomplicated) Appendicitis?

'Uncomplicated appendicitis' means your appendix was inflamed but had NOT burst or caused a serious infection.

Most uncomplicated appendicitis is treated with keyhole (laparoscopic) surgery which usually allows for a quicker and safe recovery, with some patients going home the same day,



For uncomplicated appendicitis, prolonged antibiotics, drains and overnight hospital stay are usually NOT needed.

What to expect

1	2	3	4
Your operation Key hole surgery	Antibiotics Not usually needed	Drains Not usually needed	You may go home once you...
• Small incisions. • Less invasive. • Less pain. • Faster recovery. • No need to stay in hospital any longer than necessary.	• You will receive antibiotics around the time of surgery. • If your surgery is uncomplicated, you usually do NOT need a antibiotics after the operation. • This helps reduce side effects and supports better recovery. Antibiotics are used appropriately to keep you safe.	• Most patients with uncomplicated appendicitis do NOT need a surgical drain. • Avoiding drains may help reduce discomfort and support quicker recovery. Our aim is a smooth recovery after your operation.	Are eating and drinking. Walking safely. Pain is controlled with tablets. Nausea and vomiting controlled. Nurse led discharge Our goal is safe surgery, a smooth recovery and an early return to the comfort of your home.

Your recovery at home



Activity: Walking is encouraged. It promotes healing and faster recovery. Work: You can sign yourself off work for 7 days. If you need a Fit Note for work, inform the nurses before you leave.



Wound care: Avoid strenuous activity for 2-6 weeks. Keep wound site clean, dressings and strips can be removed 1 week after surgery.



Follow up: We will do a follow-up telephone call to ensure you are recovering well at home and address any issues or concerns in a timely manner.



Discharge: You will receive a discharge summary including safety-net advice before you leave hospital.

Call NHS 111 or seek urgent medical advice if you have:

	Fever (temperature above 38°C)
	Increasing abdominal pain or pain not relieved by painkillers
	Redness, swelling or discharge from wound
	Repeated vomiting or not able to keep fluids down