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Chlorhexidine  
Wash Glove

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Patient information

# Chlorhexidine Wash Gloves

## A guide for patients having surgery



## What is chlorhexidine (CHG)?

Chlorhexidine is an antiseptic solution that can help reduce the number of germs (bacteria) on your skin.

## How to use Clinell Chlorhexidine Wash Gloves

Chlorhexidine Wash Gloves can be used after bathing/showering OR as an alternative to a bath/shower.

Wash your hands before use. If using after bathing/showering, please ensure skin is completely dry prior to use.

In each pack there are six wash gloves, please use one glove to clean each of the following areas of your body:

- right arm and axilla (armpit),
- left arm and axilla (armpit),
- neck, torso and groin,
- back and buttocks,
- left leg and foot,
- right leg and foot.

### **Do NOT use the Chlorhexidine Wash Gloves on the following areas:**

- face, eyes, ears and mouth,
- genitals.

For these areas we advise using a plain wipe, wash cloth or flannel with a gentle soap and water. Wash your hands once you have finished. Then dispose of used wash gloves in a bin - do not flush in the toilet.

## Cautions

If you are allergic to chlorhexidine, have a skin condition or very sensitive skin, please let the pre-op or ward staff know as they will be able to provide an alternative solution. **Do not** use the wash gloves on wounds post-surgery.

## When to start using Chlorhexidine Wash Gloves

### **If you are having elective surgery (planned admission and surgery)**

The pre-operative assessment team will provide you with packs of the Chlorhexidine wash gloves at your pre-op appointment. You should start using these at home the morning before your surgery, the morning of your surgery, then continue using for three more days after the date of your surgery (to complete five days in total). If you require assistance with personal hygiene whilst you are admitted, please let the staff on the ward know.

If you are discharged prior to completing the five days, the staff on the ward will supply you with additional packs to use at home. If your surgery gets cancelled on the day, please remind the staff on the ward to supply you with two packs of replacement wash gloves to use prior to your new date of surgery.

## If you are having emergency surgery, an unplanned admission for surgery

The staff working in your ward will provide you with the Chlorhexidine wash gloves. You should start using them on the day you are admitted until the morning of your surgery. Then for three days after the date of your surgery. If you require assistance with personal hygiene, please let the staff on the ward know.

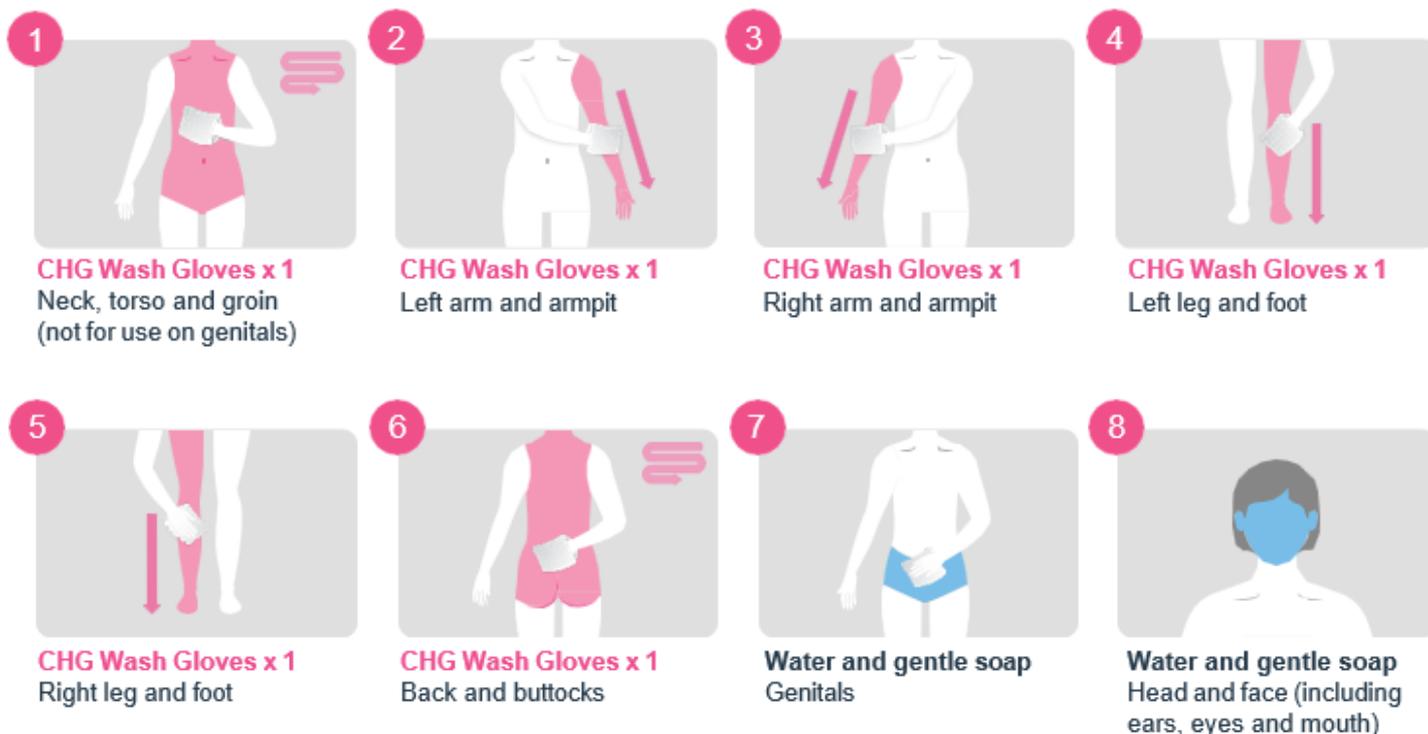
### CHG wash gloves protocol (Elective/planned surgery)

Daily schedule	Use WCH wash gloves?
Day 1 (Day before surgery)	Yes
Day 2 (Day of surgery)	Yes – prior to admission/ operation
Day 3 (Day after surgery)	Yes
Day 4 (2nd day after surgery)	Yes
Day 5 (3rd day after surgery)	Yes

### CHG wash gloves protocol (Emergency/unplanned surgery)

Daily schedule	Use WCH wash gloves?
Day of admission	Yes
Use wash gloves daily until day of surgery	
Day of surgery	Yes - prior to operation
Day after surgery	Yes
3rd day after surgery	Yes

## How to use



*Pictures by kind permission of Clinell*

*Use biocides safely. Always read the label and product information before use*

## How to contact us

### Department name

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## PALS

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