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Adrenaline Auto  
Injector (AAI) –  
EpiPen®

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**Patient information**

# Adrenaline Auto Injector (AAI) – EpiPen®



Excellent patient care, together



## Your EpiPen® and EpiPen® Junior

There are two types of pen – EpiPen® for an older child and EpiPen Jr® (junior) for a younger child. Both contain the same medicine, but in different doses.

EpiPen® is **yellow**

**It contains 300 micrograms.**

For children weighing over 25kg.



EpiPen® Junior is **green**

**It contains 150 micrograms.**

For children weighing between 7.5kg and 25kg.



Further information can be found on the company website: [www.epipen.co.uk](http://www.epipen.co.uk)

### Expiry alert service

Sign up for the Expiry Alert Service and receive free reminders by text or email when your EpiPen is about to expire.

<https://cloud.email.viatrisconnect.com/EpiPen-Expiry-Alert-Registration>. If you have more than one pen with the same expiry date then you only need to sign up once. If your pens have different expiry dates, you should register each pen.



### Why two pens?

A number of important medication authorities and health agencies have reviewed the evidence around using adrenaline auto-injectors to treat a severe allergic reaction. The consistent recommendation is that patients who have been prescribed an auto-injector should carry two adrenaline pens at all times; however, normally only one auto-injector is required for self-administration during a reaction. The reason for two pens includes device failing in some way when used (this is extremely rare), the person using it incorrectly so the dose is wasted (this is more common and is why training is very important) or some people need an extra dose of adrenaline when they have a severe reaction (this is less common too).

The local health board have produced guidance about the prescribing of adrenaline pens by GPs. This means that your child's school or nursery may be asked to provide an additional pen as well as the one (or two) your child carries. See the 'Spare Pens in Schools' link below.

### Further information about allergies

Allergy UK is a UK based charity dedicated to allergy	<a href="https://www.allergyuk.org/">https://www.allergyuk.org/</a>
The Anaphylaxis Campaign	<a href="https://www.anaphylaxis.org.uk/">https://www.anaphylaxis.org.uk/</a>
Spare Pens in Schools	<a href="https://www.sparepensinschools.uk/">https://www.sparepensinschools.uk/</a>

## How to contact us

Children's Services - Allergy Dept  
West Hertfordshire Teaching Hospitals NHS Trust  
Vicarage Rd, Watford, WD18 0HD

Tel: 01923 4367246

## PALS

If you need this leaflet in another **language, large print, Braille or audio version**, please call **01923 217198** or email [westherts.pals@nhs.net](mailto:westherts.pals@nhs.net).



Language



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### Survey - Friends and Family Test

We welcome feedback about your care, this feedback is shared with all staff so that we can improve patients' experience. Click this [link](#), scan the QR code with your smartphone or type in: [bit.ly/4o3QVFJ](https://bit.ly/4o3QVFJ).



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Department	Paediatrics
Review date	June 2029
ID number	40/2212-V3