

How to contact us

West Hertfordshire Hospitals NHS Trust

Urology Department

Watford General Hospital

Vicarage Road

Watford

Hertfordshire

WD18 0HB



West Hertfordshire
Hospitals
NHS Trust



A guide to...

If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217 187** or email pals@whht.nhs.uk



Urology Cancer Multidisciplinary Team (MDT)

Patient information

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Urology

Watford General Hospital

Hemel Hempstead Hospital

St Albans City Hospital

Further information

There are Macmillan Cancer Information and Support Centres where you can visit and receive information. These centres are located at:

Macmillan Information and Support Centre, Watford General Hospital, Level 2 of the Main Building, opposite the main reception. Telephone: **01923 436 326**

Cancer *i* Grove House Patient Information Centre, Grove House, St Albans City Hospital. Telephone: **01727 843 401**

Lynda Jackson Centre, Mount Vernon Cancer Centre, Northwood. Telephone: **020 3826 2555**

The Macmillan Helpline: **0808 808 0000**

www.macmillan.org.uk

Patient Advice and Liaison Service (PALS)

The Trust's Patient Advice and Liaison Service (PALS) are available to patients and families who would like to raise any concerns or issues with the way that they have been treated. This service can be contacted on **01923 217 198** or pals@whht.nhs.uk.

Useful contact numbers

Watford General Hospital Switch board	01923 244 366
Hemel Hempstead Hospital Switchboard	01442 213 141
St Albans City Hospital Switchboard	01727 866 122

The Urology Cancer Multidisciplinary Team

This is a specialist team of health professionals which includes:

- A Consultant Surgeon – who specialises in urological surgery.
- An Oncologist – a consultant doctor who specialises in treating cancer.
- Macmillan Clinical Nurse Specialists – a specialist nurse who provides advice, information and support.
- A Radiologist – a consultant doctor who specializes in examining scans and X-rays.
- An Histopathologist – a consultant doctor who specialises in examining tissue samples in a laboratory.

The Urology Cancer Multidisciplinary Team meets every week on a Wednesday at 2.00pm. During this meeting, the Urology team discuss your case and your test results and decide on the most appropriate treatment options for you. Following the meeting, when you attend your next clinic appointment with your team of consultants the options will be discussed with you and help you make an informed choice.

Your appointment can be at either Watford, Hemel Hempstead or St Albans City Hospital.

The next step

Once you have a urological cancer diagnosis the treatment may include some or all of the following:

- Chemotherapy – usually administered at Mount Vernon Hospital
- Bladder Chemotherapy - administered at Watford General Hospital.
- Radiotherapy – always done at Mount Vernon Hospital
- Hormone Treatment
- Surgery at Watford General Hospital, St Albans City Hospital or The Lister Hospital (Stevenage)
- Monitoring and surveillance of your cancer

What information and support is available?

The Macmillan Clinical Nurse Specialist (CNS) is your key worker during your investigations and treatment at the hospital.

The key worker is the person who you can contact directly to talk about your care and treatment. One of the Clinical Nurse Specialists will act as your key worker.

They are specially trained in Urology cancers and offer a holistic assessment with advice, emotional support and information to patients and their families.

Your key worker will make sure that you have written information about the type of cancer you have and treatment you may need. Some of this information will be booklets produced by national cancer organisations which have been approved by cancer charities and patients' organisations.

Your key worker can advise you about benefits that may be available for you and about free prescriptions for cancer patients.

The Clinical Nurse Specialists (CNS) in your team are :

Tina Khan

Telephone: **01923 436 651** or **07867 160 702** (Monday to Friday)

Zoe Pinder

Telephone: **01923 436 651** or **07901 518 747** (Tuesday and Wednesday)

Elaine Lousley

Telephone: **01923 436 651** or **07392 197 036** (Monday to Friday)

Urology consultants

Mr Freddie Banks-Urology Consultant

Secretary: Julie Brown

Telephone: **01923 217 521**

Mr Taufiq Shaikh-Urology Consultant

Secretary: Claire Hannell

Telephone: **01727 897 147**

Mr Shazad Shah-Urology Consultant

Secretary: Jane Greig

Telephone: **01923 217 052**

Mr Jacques Roux-Urology Consultant

Secretary: Teresa Rodford

Telephone: **01727 897 116**

Mr Vimoshan Arumham– Urology Consultant

Secretary: Amy Jones

Telephone: **01923 217 064**

Mr Jim Adshead-Urology Consultant (Lister Hospital)

Secretary: Lucy Honey

Telephone: **01438 284 897**

Mr Tim Lane-Urology Consultant (Lister Hospital)

Secretary: Hayley Smyth

Telephone: **01438 284 649**

Mr Nik Vasdev-Urology Consultant (Lister Hospital)

Secretary: Terri Gittings

Telephone: **01438 284 042**

Dr Roberto Alonzi-Consultant Oncologist

Secretary: Alison Ansell

Telephone: **01727 897 720**